LiveHealth® ONLINE

Have your annual wellness visit online



Connect with a board-certified healthcare provider on LiveHealth Online Annual Wellness

LiveHealth Online Annual Wellness visits are with primary care providers who can help with preventative screenings, chronic health concerns, and referrals for lab work and specialists. They are also available for follow-up care. Annual wellness visits are an important part of maintaining good health, managing chronic conditions, and preventing potential health issues.

Get the care you need in a few simple steps

- **Get started.** Sign up or log in to LiveHealth Online or the Sydney Health℠ app.
- **Schedule your visit.** Select a date and time that works best for you.
- **Meet with your provider.** Bring any questions and concerns you have to your visit.
- **Follow your care plan.** Your provider will give you a detailed care plan after your visit.

SCAN ME

Scan the QR Code to get started

LiveHealth Online Annual Wellness is available through the Sydney Health and LiveHealth Online apps, and Anthem.com and LiveHealthOnline.com.

Prepare for your visit by gathering some health information.

Height and weight
Use an at-home scale or go to a pharmacy or local rec center

Blood pressure
Use an at-home or go to blood pressure cuff to go to your local pharmacy

Health status
Including any health issues, recent diagnoses, or allergies

Medications
Any prescribed or over-the-counter medications you take, including vitamins and supplements

Preferred pharmacy
Let your provider know which pharmacy you use

* Your plan may limit how many wellness visits are covered in full. If you've already had a wellness visit this year, you may be responsible for copays and other out-of-pocket costs for this visit. Please review your plan's benefits or contact Member Services if you have any questions.

The "Your Cost" amount may change based on your plan's benefits and is your responsibility. The "Your Cost" amount only includes the cost of the visit and not any medication or treatment prescribed as a result of the visit.

LiveHealth Online Annual Wellness visits are for Anthem medical plan members who are 18 years and older.

LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan.