

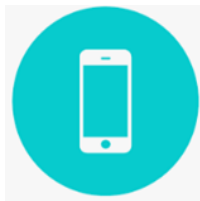


Nurse Help Line

When you have questions about your health and wellbeing, we want you to know that you are not alone. We are here to help! Whether you have a chronic condition, an acute situation or just need to talk to someone, our team of nurses is here to assist you. Let us ease the burden – call us! We can assist you with:



Deciding when to go to your doctor or to an urgent care center or the emergency room



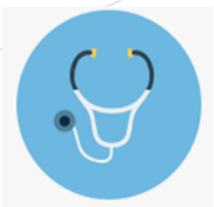
(855) 983-BLUE (2583)



Assessing your symptoms to determine appropriate level of care



Monday-Friday
8am-5pm EST



Finding network doctors and prepare for an appointment



Access important plan information at www.arcsvs.com 24 hours a day

The ARC Nurse Help Line is here to assist you in determining the safest and most appropriate health care options, and to evaluate and treat your current signs and symptoms.

The ARC Nurse Help Line **CANNOT** diagnose a medical condition, provide treatment for your medical conditions, or prescribe medication. If you are experiencing an emergency, please call 911 immediately.